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Discovering Your

SHAPE

H.— Heart

A.— abilities

## I. Heart...What is your PASSION?

-Last week we asked, what do you want to do when you grow up. Each of you wanted to do something big. No one wanted to be a nobody. We learned that God has big plans for us to be a somebody. We also learned that we can begin NOW.

-it takes time to discover & learn new things...God is teaching you new skills daily

### A. God created YOU with a heart for people, places, and things

1. YOU are the only YOU
2. God chose YOU to fulfill His plan

\*God gives you dreams and desires. He wants YOU to do BIG things for Him.

Read **Psalm 37:3-4**

### B. 4 questions to examine our God-given desires

1. What do I enjoy doing (we'll look more into this in a minute)?
2. What people group do I seem to have a heart for?  
-peers, family, children, senior citizens, foreigners, disabled, etc.
3. What places do I seem to have a heart for?  
-local, inner city, country, other state, other country
4. What issues do I seem to have a heart for?  
-abortion, abuse, adoption, alcohol/drugs, depression, disabilities, divorce, education, environment, poverty, politics, etc.

\*Have teens answer each of the above questions.

**Ask Yourself...**How can these things be used to glorify God?

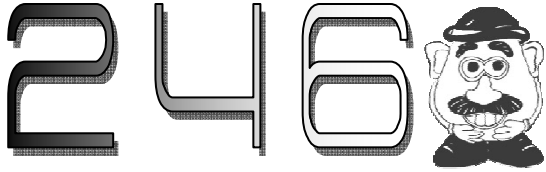
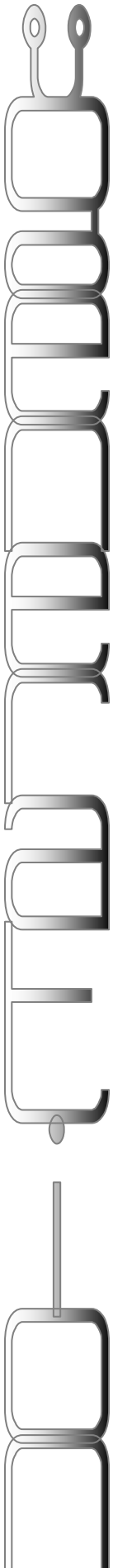
**Ask Yourself...**What would happen if no one else had these passions?

## II. Abilities...What are you GOOD at and LOVE doing?

### A. Everyone is good at something

1. There are things that you will find that you are naturally good at
2. There are things that you will love doing

### B. You will have unique talents that help "complete the puzzle"



# Discovering Your **SHAPE**

H.— Heart    a.— abilities

## III. These Things Come From GOD

### A. PRIDE vs. PRAISE

1. I must recognize that my strengths come from GOD and they are important
2. I must recognize that God gave me strengths to GLORIFY Him and serve others
3. I must give Him the GLORY for my strengths

\*Read **Prov. 16:18; II Cor. 10:17; Gal. 6:14; Col. 3:17; James 4:6**

\*God can take it away just as easy as He gave it to you...DON'T WASTE IT!

### B. How do I use my passions (Heart) and talents (Abilities)?

1. Go ALL OUT for God (**Colossians 3:23-24**)
2. Use them to point SERVE OTHERS (**Ephesians 4:11-13**)

**Ask Yourself...**What is a talent I have that can be used for God NOW? How?

## Ideas of Gifts

Building/Constructing/Engineering  
 Coaching  
 Speaking  
 Computers/Technology  
 Designing  
 Consulting/Advising/Mentoring  
 Cooking  
 Multimedia (sound & video)  
 Photography/Art  
 Decorating  
 Leading  
 Landscaping/Gardening  
 Motivating/Encouraging

Organizing  
 Performing  
 Singing  
 Playing musical instrument  
 Advertising  
 Writing  
 Teaching  
 Cleaning  
 Athletics  
 Taking care of babies/kids  
 Fixing things

Other: \_\_\_\_\_  
 Other: \_\_\_\_\_

Take it Home:  
 Read **I Corinthians 1:25-31**