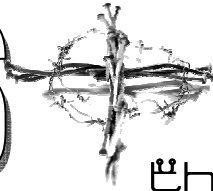


246



HE CHOSE THE NAILS

lesson 05—
The Humility in the Beating

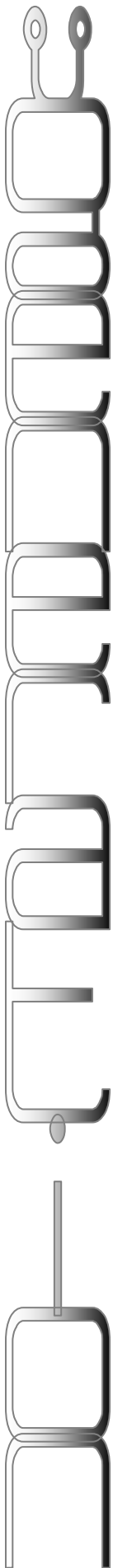
I. Why He Deserves My Public Worship

- A. He was an INNOCENT man who paid the price for MY sins
- B. He did EVERYTHING humanly possible to show me that He LOVES me

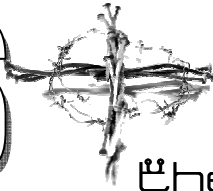
***Philippians 2:5-11**

Question- What are some of the things we have discussed that Christ went through and what does that specifically mean to me?

- C. He bore the pain PUBLICALLY and WILLINGLY for me
 - 1. In an effort to please the angry crowd and to avoid Jesus needing to be crucified, Pilate sent Jesus to be “scourged” (beaten) to show that He had paid the price
 - 2. The Roman “lictors” were professional executioners who, for a living, knew exactly how to beat someone to get them to give information. There would be a lictor on each side, as they took turns scourging without a moment to breathe.
 - “getting a lickin”
 - 3. The victim would be tied to a post, and bent over it, exposing their back.
 - 4. The *flagrum* (whip)
 - a. had a short handle for accuracy
 - to make sure they didn’t hit a place that would cause death too early
 - b. had lead weights at the end of leather straps to bruise and weaken the back
 - would have 3-12 leather straps
 - c. hanging out of the lead weights would be sharp bone, nails, metal, etc. to tare and rip off skin and muscle (similar to a fishhook)
 - 5. The scourging was mainly done to the back, buttocks, legs so the victim could live
 - a. most Jews would receive 39 lashes
 - multiply that times 12 straps...that is how many cuts per lash (468)!
 - b. the lashes would leave “ribbons” of skin and muscle at 2 inches long and $\frac{3}{4}$ inch deep hanging off your back
 - c. it would cause your body to go into shock with intense vomiting & fainting
 - d. the victim usually died in 2-3 days from blood loss or infection. Sometimes, the lictors would dip their whips in goats blood to worsen the infections
 - e. by the end of the scourging, it was common to be able to see their bones, intestine, and other organs
 - this is where the saying “spilling your guts” comes from



246



HE CHOSE THE NAILS

lesson 03—
The Betrayal in the Coins

*Have students use the Roman Flagrum (made by Joel Donahoe of www.NaturesDesignsOnline.com)

6. *“With one blow [from a 12 strap flagrum] a lictor could inflict enough wounds to take 240 stitches to close.”* - Dr. Keith Maxwell
7. *“The small balls of lead first produce large, deep bruises which are broken open by subsequent blows. Finally, the skin of the back is hanging in long ribbons and the entire area is an unrecognizable mass or torn, bleeding tissue. When it is determined by the centurion in charge that the prisoner is near death, the beating is finally stopped.”* - Josh McDowell
8. *“Imagine having a cut on your skin with an inch of muscle pulled out through the cut, exposed to the night air. As the victim hung on the cross in the heat of the day, birds could alight on him and actually peck and pull at these pieces of muscle, just like a robin trying to pull a worm out of the ground.”* - Dr. Keith Maxwell

II. How Can I Say THANK YOU Through My Public Worship?

- A. Live as a LIGHT into the world (**II Corinthians 4:6**)
-people should see that there is something different about you
- B. Openly CONFESS Him (**I Peter 3:15-17**)
 1. Stand tall for what you believe
 2. Talk about Him with others
 3. Give Him the credit for the good in your life
- C. Be active in WORSHIPPING Him at church (**Psalms 51:15-17**)
 1. Sing, pray, listen, ask questions, etc.
 2. It should be our desire to want to know more about Him and to want to openly praise Him for all He has done for me

Take it Home:

Look over the different items you have received over the past 4 weeks. Take time to write a prayer thanking God for all He has done. Examine your own life to see if there are any areas you need to work on.