

WHAT DO YOU KNOW?

Between the fast-paced world of teen culture and the negative influences that bombard your teen, parenting is a challenging and unpredictable task. How in tune are you with your teen's world? Test your knowledge with this short quiz.

1) According to urban legend, what do teens think niacin (vitamin B) can be used for?

- A Passing drug tests
- B Getting rid of "the munchies" from smoking marijuana
- C Snorting to get a burst of energy like speed
- D Both A and B

2) If your teen were to "ROTFL," what would she be doing?

- A Electronically recording a TV program
- B Text-messaging someone about her new boyfriend
- C Instant-messaging someone about something really funny
- D E-mailing a friend about something confusing

3) Which of the following video game ratings may not be appropriate for your teen?

- A M
- B AO
- C E10
- D Both A and B

4) If a teen is "leaning," what might he be doing?

- A Snorting heroin and cold medicine
- B Getting ready to give someone a kiss
- C Drinking cough syrup and soda
- D Getting ready to fight

5) What are the most popular inhalants among teens?

- A Glue and shoe polish
- B Nitrous oxide "whippets"
- C Spray paints
- D Cleaning fluids

WHAT DO YOU KNOW?

6) How many friends does the average teen have?

- A 10
 - B 3
 - C 75
 - D 15
-

7) Almost half of teen girls aspire to which profession?

- A President of Yale University
 - B Celebrity personal assistant
 - C Navy SEAL
 - D U.S. senator
-

8) The more time that 8-18 year olds spend playing video games, the more likely they are to...?

- A Get into fights
 - B Perform more poorly in school
 - C Be physically overweight
 - D All of the above
-

9) If MySpace.com were viewed as a country, its membership would have a larger population than which of the following:

- A Mexico
 - B Russia
 - C The United Kingdom
 - D Any of the above
-

10) What is the “choking game”?

- A A slang term for being so high that you are “choking” on your own words
 - B A techno song popular at rave parties
 - C A slang term for someone who always says they won’t do drugs but gives into pressure easily when around them
 - D An activity in which participants restrict the supply of oxygen to the brain to induce a hallucinogenic state
-

WHAT DO YOU KNOW?

11) What is a “poke”?

- A Making fun of someone over text messaging
 - B A new term for a teen’s car
 - C An online form of flirtation on a social networking Web site
 - D A rude way to get someone’s attention in class
-

12) Who have the media dubbed as “prosti-tots”?

- A Teenage girls who date older guys to get drugs
 - B Scantily dressed teenage girls who emulate young, wild celebrities
 - C Teens who bring more than one date to a party
 - D Drug dealers who are known to deal to children
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13) What are “alcopops”?

- A Tasty popsicles in the shape of liquor bottles
 - B Drunk grandparents
 - C Sweet-tasting alcoholic beverages popular with teens
 - D Candies designed to taste like liquor
-

14) What do “space cakes” and “skittles” have in common?

- A They are popular snacks
 - B They are sold in many convenience stores
 - C They are harmless-sounding names for drugs
 - D They are sold as high-energy drinks and contain high doses of caffeine
-

15) What is getting “crunk”?

- A To get crazy and drunk
 - B To get excited about something
 - C To get high
 - D All of the above
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ANSWERS.

1) D Both A and B

According to urban legend, niacin (vitamin B3) can be taken to cleanse the body of drugs to pass drug tests as well as counteract the intense hunger (commonly called “the munchies”) brought on by marijuana use. In high doses, niacin can cause nausea, vomiting, blood poisoning and liver failure.

2) C Instant-messaging someone about something really funny

ROTFL is instant-messenger and cell phone “text language” for “rolling on the floor laughing.” Text language frequently uses acronyms to shorten longer sentences or phrases.

3) D Both A and B

In the video game rating system, “M” stands for “mature” (aged 17 and older), and “AO” stands for “adults only” (aged 18 and older). Games with these ratings contain content such as violence, gore, and sexual content that may not be suitable for persons younger than 18, respectively.

4) C Drinking cough syrup and soda

“Lean” is an illegal drug concoction of prescription cough syrup containing the painkiller codeine mixed with soda or another sweet beverage.

5) A Glue and shoe polish

Many household products can be abused as inhalants. Among children age 12-17 using inhalants for the first time, glue and shoe polish are the most commonly abused. Chronic abuse of solvents can cause severe, long-term damage to the brain, the liver, and the kidneys; and highly concentrated amounts of the chemicals in inhalants can directly induce heart failure and death, a syndrome known as “sudden sniffing death.”

How did you do? Do you have more to learn?

For information on the dangers of drug use and other risky behaviors and tips on how to stay engaged in your teen’s world, visit www.TheAntiDrug.com.

ANSWERS.

6) C 75

Including “friends” on social networking Web sites, teens claim to have an average of 75 friends.

Source: Harris Interactive Poll: “Friendships in the Age of Social Networking Websites”

7) B **Celebrity personal assistant**

According to a poll conducted of 653 middle-school students, celebrity fame is so central to youth culture that if given a choice of becoming the CEO of a major corporation, the president of Yale or Harvard, a Navy SEAL, a U.S. senator or “the personal assistant to a very famous singer or movie star,” almost half of the girls (43.4%) chose the celebrity assistant role.

Source: USAToday article: “Fame Junkies is hooked on celebrity behavior” http://www.usatoday.com/life/books/news/2007-01-03-fame-junkies_x.htm

8) D **All of the above**

According to a recent Harris Interactive: Trends and Tudes poll: 8-18 year-olds who spend long hours playing video games are more likely to perform more poorly in school and get into physical fights.

Source: Harris Interactive Poll: “Video Gaming: General and Pathological Use”

9) D **Any of the above**

While total membership grows on an hourly basis, MySpace.com currently reports 178 million members. As of the beginning of 2007, MySpace’s reach included 38 percent of all persons 12-17.

Sources: CIA Published Statistics: i) Mexico: <https://www.cia.gov/cia/publications/factbook/print/mx.html> Russia: <https://www.cia.gov/cia/publications/factbook/print/rs.html> UK: <https://www.cia.gov/cia/publications/factbook/print/uk.html> iv) MySpace.com self reported membership numbers: www.myspace.com

10) D **An activity in which participants restrict the supply of oxygen to the brain to induce a hallucinogenic state**

The “choking game” is a dangerous activity in which participants literally choke each other or themselves, thus temporarily restricting blood to the brain thus creating a cheap way to get high. While this game has been played for many years, teens today are taking it to extreme levels, sometimes resulting in death. This “game” is widely known in its various forms and teens can easily access directions and videos online showing how to perform this dangerous act.

Sources: i) CBS News article: “Choking Game A Deadly Trend” <http://www.cbsnews.com/stories/2005/07/28/earlyshow/main/712411.shtml> Collier County Sheriff’s Office Parenting Brochure: “The Choking Game... Deadly Child’s Play” <http://www.telecomassociation.com/pubs/chokinggamereport/files/chokinggamehandout.pdf>

ANSWERS.

11) C An online form of flirtation on a social networking Web site

While most social networking Web sites have a unique term for members to electronically contact each other, the wildly popular Facebook site uses the term “poke.” Facebook.com encourages its users to interpret the “poke” in different ways, but it is generally considered a form of online flirtation.

Source: Facebook Online Social Networking Site: “Pokes” <http://www.facebook.com/help.php?page=20>

12) B Scantly dressed teenage girls who emulate young, wild celebrities

“Prostitots” refer to young girls, especially tweens (aged 10-14), who dress in sexual or revealing fashions and engage in risky behaviors which may involve drug use and sexual activity.

Sources: i) Fox News article: “Girl Culture Begets Backlash” <http://www.foxnews.com/story/0,2933,117822,00.html>
ii) Urban Dictionary entry (note: explicit language) <http://www.urbandictionary.com/define.php?term=prostitots>

13) C Sweet-tasting alcoholic beverages popular with teens

“Alcopops” refers to a variety of sweetly-flavored, potent alcoholic drinks that mask the flavor of alcohol. Parents should monitor for these types of drinks because their sweet flavor and generally high alcohol content makes them an appealing way for teens to get drunk.

Sources: i) CBS News: “Health: Alcopops & Underage Drinking” http://cbs3.com/health/local_story_096183535.html;
ii) SAMHSA Family: “Not Your Grandma’s Lemonade” <http://www.family.samhsa.gov/monitor/alcopops.aspx>

14) C They are harmless-sounding names for drugs

“Space cakes” and “skittles” are harmless-sounding names for drugs. Space cakes are drug-infused baked goods, such as pot brownies. Skittles refers to OTC pills for coughs containing DXM that can be abused if taken in large doses.

Sources: i) Drug Free Pennsylvania: <http://www.drugfreepa.org/drugs/dxm.aspx>; ii) Department of Alcohol and Drug Program: “California Outcomes Measurement System Treatment Data Collection Guide” <http://www.adp.cahwnet.gov/CalOMS/pdf/CalOMS%20Treatment%20Data%20Collection%20Guide.pdf>; iii) Redlands Daily article: “Student, 13, arrested for bringing pot-laced brownies to school” http://www.redlandsdailyfacts.com/news/ci_5829682

15) D All of the above

While the definition of “crunk” varies from person to person, generally it refers to a combination of the words crazy and drunk, or “chronic” (a slang term for marijuana) and drunk, thus suggesting an excited state of being inebriated or stoned.

Sources: i) Wikipedia entry: <http://en.wikipedia.org/wiki/Crunk>; ii) Urban Dictionary entry: <http://www.urbandictionary.com/define.php?term=crunk>

How did you do? Do you have more to learn?

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